Document Number: FFBF25.05f.34
Chapter: Blue Cross and Blue Shield Service Benefit Plan

Smoking and Tobacco Cessation Medications

2025 Blue Cross and Blue Shield Service Benefit Plan - FEP Blue Focus Section 5(f). Prescription Drug Benefits Covered Medications and Supplies

Benefits Description

Smoking and Tobacco Cessation Medications

If you are a covered member, you may be eligible to obtain specific prescription generic and brandname smoking and tobacco cessation medications at no charge. Additionally, you may be eligible to obtain over-the-counter (OTC) smoking and tobacco cessation medications, prescribed by your physician, at no charge. These benefits are only available when you use a Preferred retail pharmacy. The Quit Plan is not required for those covered under the FEP Medicare Prescription Drug Program.

Note: There may be age-restrictions based on U.S. FDA guidelines for these medications.

The following medications are covered through this program:

- Generic medications available by prescription:
 - o Bupropion ER 150 mg tablet
 - Bupropion SR 150 mg tablet
 - Varenicline 0.5 mg tablets
 - Varenicline 1 mg tablets
 - Varenicline starting pack
- Brand-name medications available by prescription:
 - Nicotrol cartridge inhaler
 - o Nicotrol NS spray 10 mg/ml
- Over-the-counter (OTC) medications

Revision #: v1.0 Page 1 of 2 Date Published: 1/1/2025

Blue Cross Blue Shield Federal Employee Program Confidential - Internal FEP and Local Plan use only.

Document Number: FFBF25.05f.34 Chapter: Blue Cross and Blue Shield Service Benefit Plan

Notes:

- To receive benefits for over-the-counter (OTC) smoking and tobacco cessation medications, you must have a physician's prescription for each OTC medication that must be filled by a pharmacist at a Preferred retail pharmacy.
- Regular prescription drug benefits will apply to purchases of smoking and tobacco cessation medications not meeting these criteria. Benefits are not available for over-the-counter (OTC) smoking and tobacco cessation medications except as described above.
- See Section 5(a) for our coverage of smoking and tobacco cessation treatment, counseling, and classes.

You Pay

Preferred retail pharmacy: Nothing (no deductible)

Non-preferred retail pharmacy: You pay all charges